



Providing Help
and Offering Hope
to the residents of
Fayette, Highland,
Pickaway, Pike and
Ross Counties since 1967.

Annual Report 2016

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Our mission is to positively impact our community by supporting mental health and recovery.



In 2016 we kicked off our “Have a clear view of your RECOVERY” awareness campaign. This campaign was a continuation of last year’s theme “Reflecting the Beauty of RECOVERY”.

“Have a clear view of your RECOVERY!” embraces the theme “RECOVERY is Beautiful”. Lens cleaning cloths were used as promotional items at local fairs and community events across our board region. The lens cleaning cloths could be used to clean your glasses, phone and electronic devices to help you “see” the way

to your recovery. Attached was a brochure highlighting recovery guidelines and information about the Paint Valley ADAMH Board programs and agencies. We promoted our campaign on social media, advertisements on public transportation and by distribution of giveaway items.

Penny Dehner, associate director of the Paint Valley ADAMH Board stated, “Healthcare today treats the entire individual in the integrated care model. Meeting the needs of an individual by treating both physical and behavioral health are important steps in the recovery process. Along with treatment for mental health and/or addiction, wrap around supports and vocational needs must be met. The Paint Valley ADAMH Board is proud to offer this holistic approach in our communities.”

The lens cleaning cloths were incorporated into the board region’s 22 school districts by providing each high school with the message “Have a clear view of your FUTURE by choosing to be drug and alcohol free!” These were distributed to the high schools during prom and graduation season.





CIT Training

The Paint Valley Alcohol, Drug Addiction and Mental Health (ADAMH) Board is pleased to announce the graduation of the 2016 Crisis Intervention Team. This training is designed for law enforcement officers and first responders to improve responses to

situations involving someone with a mental illness or a developmental disability. On May 6, 2016 the week long (40 hour) training concluded 25 trained officers.

The Paint Valley ADAMH Board has provided CIT Training to a total of 106 officers and first responders in our five county board region. Fayette County has two CIT officers, Highland County has 20 CIT officers, Pickaway County has 19 CIT officers, Pike County has seven CIT officers and Ross County has 55 CIT officers.

A statement from the Paint Valley ADAMH Board stated, "It is very important to assure that we have trained officers in our board region, not only for the safety of our officers but also for our communities. We are really excited to provide this annual training."

The CIT Planning Committee is comprised of mental health providers, law enforcement officers and Veterans Administration professionals that worked together to develop a local CIT training. This training is funded by The Paint Valley ADAMH Board with a contribution from the National Alliance on Mental Illness (NAMI) of Ohio.

The Paint Valley ADAMH Board would like to thank the Circleville Fire Department for allowing the use of their training room and Sun Room Catering of Frankfort for preparing meals for our officers during this week long training.



May 2016 CIT Graduates

Advocate of the Year 2016



Sheriff Lavender receiving a Proclamation from Paint Valley ADAMH Board Member Wayne McLaughlin.

Ross County Sheriff George Lavender was named the 2016 Advocate of the Year for the Paint Valley Alcohol, Drug Addiction and Mental Health (ADAMH) Services Board.

The "Advocate of the Year" award is given annually at the Paint Valley ADAMH's board of directors meeting. The focus of the award this year is mental health. Sheriff Lavender was selected after opening the nominations from the community. Among various comments it was stated, "Sheriff Lavender's law enforcement experience highlights the importance of communicating with community members during times of crisis."

A statement from the Paint Valley ADAMH board said, "The safety of Sheriff Lavender's officers and the community are of the utmost importance to him as evidenced by his consistent support of our Crisis Intervention Team (CIT) Training. When we approached Sheriff Lavender about offering CIT Training we were hoping to get at least 20% participation, but he said he wanted all of his officers trained to assure that he has trained officers available to the community to help those in crisis to get the help they need. We are pleased the Board chose to honor Sheriff Lavender as the Paint Valley ADAMH Advocate of the Year."

Sheriff Lavender was not only honored by the Paint Valley ADAMH Board, but also received a Proclamation from the Ross County Commissioners and certificates of recognition from Gov. John Kasich, Ohio Attorney General Mike Dewine and Tracy Plouck, director of the Ohio Department of Mental Health and Addiction Services.

Lavender has been the Ross County Sheriff since 2009. He began his law enforcement career in 1976 in Chillicothe. Sheriff Lavender resides in Chillicothe with his wife, Jeanne. They are the parents of Dustin, Shay and Jason.

Board Members

Kevin (Jack) Clark - Chairperson, Pickaway County
Sherry Angel - Vice Chairperson, Ross County
Phyllis Amlin-Snyder - Treasurer, Pike County
Faye Williamson - Secretary, Pickaway County
William Archer Jr. - Pickaway County
Jackie Byers - Ross County
Dr. Brian Jenks - Fayette County
Jeremy Ratcliff - Highland County
Elma Walker - Ross County
Melissa Wheaton - Highland County

Board Staff

Penny Dehner - Associate Director
Shawna Bell - Information Technology Support
Belinda Cade - Office Manager
Jim Nestor - Director of Finance
Melinda Sheets - Public Affairs Coordinator
Bill Showman - Planning and Evaluation Coordinator
Lindsay White - Administrative Assistant

PVADAMH Board Appointments & Retirements

Paint Valley ADAMH Board Members volunteer their time to ensure the mental health and recovery needs of our community and we appreciate their service and dedication to the residents of our board region.

2016 brought about a lot of changes for our Board of Directors. Beginning with the retirement of one Board Member and the addition of three new board members.



On June 30, 2016 Board Member, Wayne McLaughlin retired from the Paint Valley ADAMH Board after serving two consecutive four year terms. He was appointed to our board by the Ross County Commissioners in 2008 and during his last term, he served as the Board Secretary. We would like to thank Wayne for his dedication and service to our Board.



Jackie Byers was appointed to a four year term by the Ross County Commissioners in September of 2016. Jackie resides in Ross County.



In October of 2016, William Archer Jr. was appointed to his four year term by the Pickaway County Commissioners. He resides in Pickaway County.



Also appointed in October was Dr. Brian Jenks. He was appointed for a four year term by the Fayette County Commissioners. Dr. Jenks resides in Fayette County.

Who we serve - Fiscal Year 2016 (July 1, 2015 - June 30, 2016)

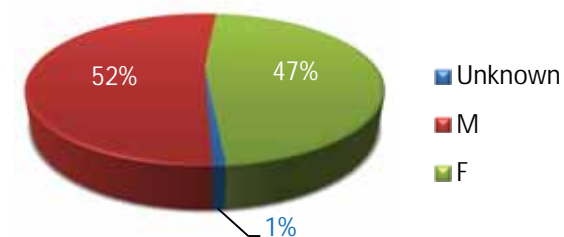
Consumers receiving services paid for by the PVADAMH Board (Non-Medicaid no other payor source)

Services Provided (Ranked by Total Service Units)

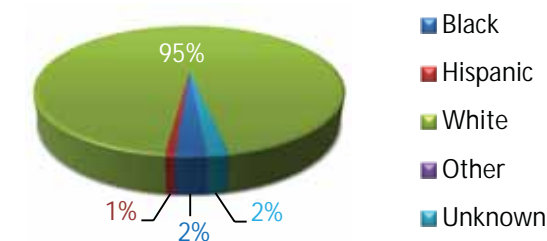
SERVICES	UNITS	AMOUNT
MH* & ADDICTION GROUP COUNSELING	30,870	\$297,281.83
MH* COMMUNITY PSYCH SUPPORT	20,082	\$532,568.78
MH* & ADDICTION HOTLINE	13,330	\$152,224.80
MH* SUBSIDIZED HOUSING	11,325	\$304,535.20
MH* RESIDENTIAL CARE	11,239	\$2,060,050.62
MH* & ADDICTION PREVENTION	8,122	\$812,228.19
MH* & ADDICTION COUNSELING/THERAPY	4,510	\$429,019.35
MH* CRISIS INTERVENTION	2,698	\$567,184.52
MH* PREVENTION	2,033	\$285,626.77
MH* PARTIAL HOSPITALIZATION	1,764	\$207,775.87
MH* & ADDICTION ASSESSMENT	1,348	\$117,597.53
CASE MANAGEMENT	937	\$73,735.44
PHARMACOLOGIC MANAGEMENT	732	\$162,478.13
OTHER MH* SERVICES/FORENSIC	490	\$68,375.57
MH* ADVOCACY	397	\$23,820.00
ADDICTION INTENSIVE OUTPATIENT	328	\$44,894.59
MH* COMMUNITY EDUCATION	26	\$3,800.82
RECOVERY ORIENTED SYSTEM OF CARE		\$838,828.10
WOMENS GRANT		\$78,022.00
TOTAL	110,231	\$7,060,048.11

* MH = Mental Health

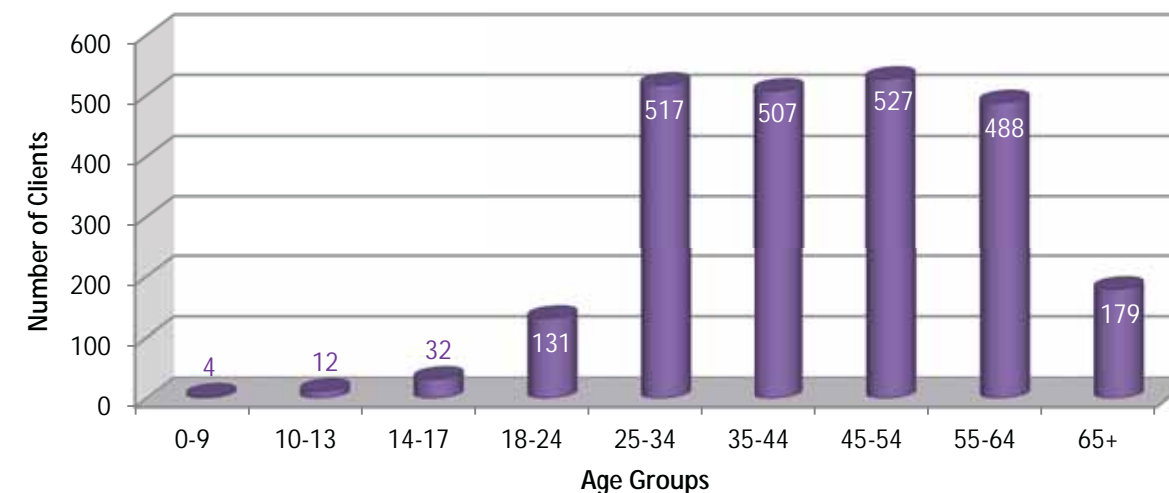
Gender



Race



Age



November 2016 Levy

In an effort to completely address the needs of our five county service district The Paint Valley Alcohol, Drug Addiction and Mental Health Services Board began a new program to break down barriers for people seeking treatment called Recovery Oriented System of Care (ROSC). This program began in July of 2015 and provided care coordination along with coverage for support services to residents of Fayette, Highland, Pickaway, Pike and Ross counties. The ROSC program, coupled with Medicaid Expansion allowed more people to be served, however Federal and State funding did not increase to meet the demand.

In calendar year 2016 the state and federal government provided only \$2.3 million, while treatment costs alone totaled \$7 million! In June of 2016, The Paint Valley ADAMH Board of Directors decided to place a one mill, 10 year levy on the ballot for November 2016 in an effort to provide the funding to meet the demand. Placing a levy on the ballot for an assessment on property values is the only avenue, according to Ohio Revised Code, that The Paint Valley ADAMH has to increase revenue.



The decision to place a levy on the ballot was not arrived at quickly and every effort was made to reduce administrative costs. Staff reductions were made and support services were cut in an effort to direct all available dollars to treatment for both mental health and addiction services. Unfortunately, the levy failed in all five counties.

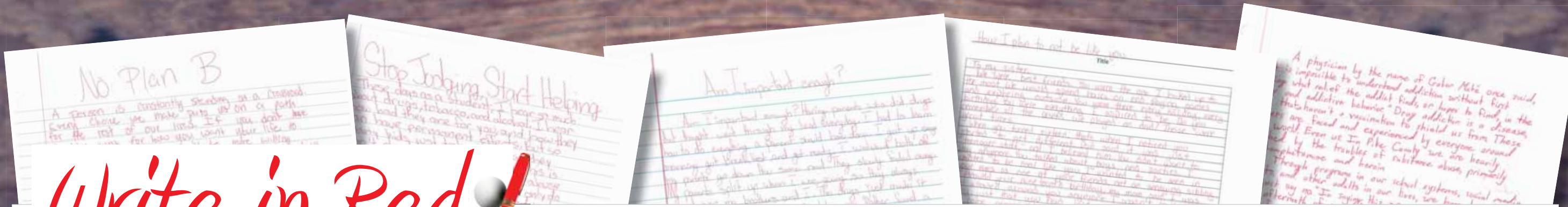
The Paint Valley ADAMH Board would like to thank all residents in Fayette, Highland, Pickaway, Pike, and Ross Counties that continue to support evidenced based prevention and treatment services. Strategic planning informs us that our current funding levels are not enough to meet the needs of individuals requiring mental health or addiction services. It is disappointing a majority of voters did not support this levy. However, we will assess and plan accordingly to help as many people as possible now and provide hope for a better tomorrow.



The Paint Valley ADAMH Board offered a Dialectical Behavior Therapy (DBT) training through funds from a prevention grant distributed by the Ohio Department of Mental Health and Addiction Services on Friday, August 19, 2016. The training was held at the River-view Conference Center and provided area clinicians with six hours of Continuing Education Credits (CEU). There were 30 area clinicians that participated in the training.


Dialectical Behavior Therapy is a specific type of cognitive behavioral psychotherapy developed in the late 1980's by psychologist Marsha M. Linehan to help better treat borderline personality disorder. Since its development, it has also been used for the treatment of other kinds of mental health disorders.

Dialectical Behavioral Therapy treatment emphasizes the psychosocial aspects of treatment. The theory behind the approach is that some people are prone to react in a more intense and out of the ordinary manner toward certain emotional situations, primarily those found in romantic, family and friend relationships. DBT theory suggests that some people's arousal levels in such situations can increase far more quickly than the average person's, attain a higher level of emotional stimulation, and take a significant amount of time to return to baseline arousal levels. DBT Therapy provides the ability to teach coping skills to assist with overcoming these sudden intense surges of emotion.



Write in Red

Red Ribbon Week Essay Contest



The samples above are from our four scholarship winning essays. The complete essays can be viewed on our Facebook page and our website www.pvadamh.org.

The Paint Valley ADAMH Board understands the importance of providing a drug and alcohol free environment for our community. During Red Ribbon Week October 24-28 a Write In Red - Red Ribbon Week Essay Contest was conducted for all middle and high school students in our board region. Students were given a red pen to write an essay about how to prevent drug and alcohol abuse. Each participating middle and high school submitted their school's winning essay to the Paint Valley ADAMH Board. One student from each county was selected to receive a \$500 scholarship to any accredited college or university.

tremely pleased with the number of entries we received. Substance abuse is a community issue that affects all of us, especially our youth. It is so refreshing to see our youth take a proactive stand against drug and alcohol abuse by sharing their personal stories, doing research into relevant issues, and their determination to remain drug free."

We are pleased to announce that the following students were awarded a \$100 prize for winning their school's essay contest and a \$500 scholarship for winning the county contest:

- Harley Dawson, Washington CH High School - Fayette County
- Sara Newsome, Hillsboro Middle School - Highland County
- Kayla Welch, Westfall Middle School - Pickaway County
- Hailey Hauck, Waverly High School - Pike County
- Kayla Crowe, Southeastern High School - Ross County

Paint Valley ADAMH Board Associate Director Penny Dehner stated, "This is the third year for our scholarship contest and we were ex-

The following students were school winners and awarded \$100 for the Write In Red Essay Contest:

- Alexa Perez, Washington CH Middle School
- Emily Smithson, Fairfield High School
- Cody Ayers, Fairfield Middle School
- Emily Parker, Greenfield High School
- Braden Wright, Greenfield Middle School
- Nathaniel Trent, Hillsboro High School
- Alexis Jones, White Oak High School
- Katelyn Everhart, White Oak Middle School
- Emma Whitmore, Circleville High School
- Austin Nunemaker, Westfall High School
- Emma Brunner, Eastern High School
- Mady Martin, Eastern Middle School
- John Bruce, Piketon Middle School
- Lauren Ward, Waverly Middle School
- Brynna Guthrie, Adena High School
- Lydia Yates, Adena Middle School
- Kayla Daniels, Chillicothe High School
- Harrison Meyers, Chillicothe Middle School
- Caley Machelles Uhrig, Huntington High School
- Kailee Conn, Huntington Middle School
- Walker Zapata, Southeastern Middle School
- Abbey Mohan, Unioto High School
- Nathan Rogers, Zane Trace High School



Financials - Calendar Year 2016

Revenue

Federal	1,012,492
State	1,310,285
Local/Levy	4,417,563
Grants/Other	600,338
TOTAL REVENUE	7,340,678

Expenditures

Board Administration	1,054,294
Care Coordination	304,227
ROSC Intensive	629,361
Vocational Rehabilitation Project	472,516
Consumer Support	101,329
Children Respite Services	40,585
Reentry Services	50,000
Big Brothers/Big Sisters	139,037
FRS Counseling Services	202,589
Pickaway Area Recovery Services	644,024
Pike County Recovery Council	519,779
Scioto Paint Valley Mental Health Center	4,376,755
TOTAL EXPENDITURES	8,534,496

Fund Balance

Beginning Balance	2,828,816
Ending Balance	1,634,998

Paint Valley ADAMH Service Providers

The following agencies provide services to the residents of Fayette, Highland, Pickaway, Pike and Ross Counties:

National Alliance on Mental Illness (NAMI) Southern Ohio

Education and Support for Consumers and Families

South Central Ohio Big Brothers/Big Sisters

Prevention Services for at-risk youth

Scioto Paint Valley Mental Health Center

Mental Health & Addiction Services
Crisis & Prevention Services
Housing
Vocational Rehabilitation
Integrated Care

The following agencies provide services to the residents of the counties listed:

Fayette Recovery Center (Fayette County)

Addiction and Prevention Services
Residential and Outpatient

FRS Counseling (Highland County)

Addiction and Prevention Services
Mental Health for Youth

Goodwill Industries of South Central Ohio

(Fayette, Pickaway, Pike and Ross Counties)
Vocational Rehabilitation

Pickaway Area Recovery Services (Pickaway County)

Addiction and Prevention Services
Residential and Outpatient

The Recovery Council (Pike and Ross Counties)

Addiction and Prevention Services
Residential and Outpatient



Providing Help and Offering Hope

Phone: 740-773-2283 • Fax: 740-773-2770
www.pvadamh.org



We hope you noticed the backwards "C" in Recovery. It signifies that recovery is not always a linear process - - sometimes we take a step back. But with Recovery, we know there is hope and we can move forward.