

Conversations about mental health don't  
have to be awkward.  
Offer support confidently with



MENTAL  
HEALTH  
FIRST AID



Anyone, anywhere can be the one to make a difference  
in the life of someone with a mental health or substance use challenge  
– if they know what to do and what to say.

**Tuesday, February 25, 2020**

**8:00 a.m. - 5:00 p.m.**

Registration begins at 7:30 a.m.

Paint Valley ADAMH Board

394 Chestnut Street | Chillicothe, OH 45601

*Mental Health First Aid is a FREE 8 hour training with a maximum of 30 participants.  
8 CEU's will be offered for Social Workers & Counselors. A light lunch will be provided.*

This training is being provided for the residents of the ADAMH  
Board Region. In order to register, you must live or work in  
Fayette, Highland, Pickaway, Pike or Ross County.

**Due to the high demand of this training,  
a \$25 deposit is required to secure your seat.**

**This will be refunded to you upon completion of the training.**

**Training provided by:**



Please mail the completed registration form and \$25 deposit (check or money order only)  
by February 19, 2020 to:

PVADAMH/Mental Health First Aid | 394 Chestnut Street | Chillicothe, Ohio 45601

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ email: \_\_\_\_\_

I live or work in the following County: Fayette Highland Pickaway Pike Ross