

## Fayette County Suicide Prevention Coalition

November 19, 2019

### Meeting Minutes

**Present:** Leigh Cannon, Nina Rains, Ashley Roberts, Kristy Bowers, Angie Mellott, Melanie Swisher, Judy Havens, Pat Brinkman, Melissa Smith, Tina Scharenberg

**Approval of October's Minutes:** Nina motioned to approve, Angie seconded, all approved.

### New Business:

- Choosing Letterhead: All were in favor of using the larger of the two letterhead options for our letterhead.
- Walking Trails Project: Leigh is still going back and forth on the logo design. The group unanimously approved keeping our logo black and white on the signs we purchase.
  - No quote yet. We will start with 10 signs. We need a quote to help us determine the amount of funds we need to raise for the project.
  - Angie reached out to Triangle Trails- they were meeting today and would be discussing the sign project and would let us know if we have approval to place them. We will follow-up on this.
- Fundraising Updates:
  - Now that we have a letterhead, we will work on a donation letter to send out to local business owners to request financial support for our upcoming sign project in the parks. Leigh has a donation request letter she sent out to local business to help with the levy and we will use this as a template when creating ours.
  - We will create a donation envelope and as funeral homes if they could keep some on hand for families who are interested in donating in memory of their lost loved one. Nina said the FCPC created a donation envelope and she will give it to Tina to show to her friend who can print them off.
    - Should the envelopes come with prepaid postage?

### Old Business:

- Logo Contest Update: We selected the ribbon with the birds as our logo. There does not appear to be any copywriting issue and we will start promoting the coalition through letterhead and Facebook.

### Other Concerns/Announcements:

- Social Media Page: Angie will start our social media page. If anyone would like to give input or has something specific to add to the page, email Angie so she can include it.
  - Melanie would ask the Angie make Melinda Sheets a page admin.
  - Melanie will email the logo and the bylaws to Angie.
  - Angie will be sure to include information about how to donate.
- Email: Should we use Tina's name and contact info on our letterhead and promo materials? Leadership changes can happen often so we will opt to create a general email that can be accessed by anyone. Tina will work on this project.
- QPR Training: There is a QPR training coming up for Highland County. Fayette County has an interest in having another one.
  - Melanie would like us to consider raising funds to send a coalition member to a QPR train the trainer course.
- Coalition Brochure: Would we like to create a brochure for the coalition?
  - Melanie can have Melinda work on this for our coalition.
- Statewide Coalition Meeting: Tina, Brooke and Melanie attended the statewide coalition meeting and found it beneficial and saw that our surrounding counties had great representation. Ohio is working on a statewide suicide prevention plan. This could increase the amount of grant funding.
- Suicide Prevention in Schools: Miami Trace and Washington Court House use Signs of Suicide to help normalize mental health and reduce the stigma surrounding this topic. Miami Trace has students take the online course starting in 5<sup>th</sup> grade. Washington Court House is getting teachers Trauma Informed and First Aid Mental Health certified.
  - Bullying and suicide go hand in hand.
  - Suicide Hotline gives data on how many access the hotline in your service area.
- Laurel Oaks: Fayette County youth attend Laurel Oaks. Follow-up on what Clinton County is doing as far as suicide prevention in the school.
- T-shirts: Look into making t-shirts for our coalition using our logo.
- Health Fair: We need to start thinking about setting up or sharing a table at the Health Fair on April 25, 2020. Reach out to Fayette Recovery.

**Next Meeting:** December meeting cancelled. Next meeting will be in January.

**Motion to Adjourn:** Leigh motioned to adjourn, Kristy seconded, all were in favor.