

Gratitude

DURING THE

Holidays

FACILITATED BY STACEY SAUNDERS-ADAMS



The Paint Valley ADAMH Board presents this three hour training focused on self care and gratitude during the holidays. We are thrilled to invite you to this in-person training.

12/10/2024 10:30 am - 1:30 pm

Paint Valley ADAMH Board
394 Chestnut Street, Chillicothe

Lunch is provided and each participant will create your own gratitude jar during the training.

This is a FREE three hour training. Please register soon, as capacity is limited. CEUs pending for Counselors, Social Workers and Chemical Dependency Professionals.

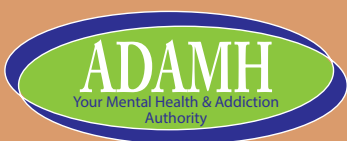
This training is being provided for the residents of the ADAMH Board Region. In order to register for this training, you must live or work in Fayette, Highland, Pickaway, Pike or Ross County.

Register online at:

<https://pvadamh.org/training-opportunities/>



Training provided by:



Special Thank you to the following:

