

How to enter: Create a video that is no less than 30 seconds and no longer than 60 seconds. Upload your video to YouTube and email the link to contactus@pvadamh.org. Include your school's name, mailing address, phone number and email address with your submission. Limit one entry per school district. Include a list of video participants. Inappropriate material will not be considered. Be as creative as possible!

Videos will be judged on content/message, level of engagement, creativity, and video quality.

Deadline for submission is Teen Mental Wellness Day- March 2, 2025.

Complete list of contest rules available at www.pvadamh.org

Submissions must come from students attending schools located within Fayette, Highland, Pickaway, Pike, and Ross Counties!

Contest provided by:

