



## Paint Valley ADAMH Teen Mental Wellness Video Contest Rules

### How to Enter:

- Create a video that is no less than 30 seconds and no longer than 60 seconds promoting World Teen Mental Wellness Day and why mental health and wellness of our teenage youth is important.
- Upload your video to YouTube and email the link to [contactus@pvadamh.org](mailto:contactus@pvadamh.org).
- Include your school's name, mailing address, phone number and email address with your submission.
- Limit one entry per school district within the ADAMH Board Region of Fayette, Highland, Pickaway, Pike and Ross Counties. **A list of video participants and Eligibility/Release of Liability slips** for each participant are required to enter the contest.
- Inappropriate material will not be considered.
- Be as creative as possible!
- Deadline for submission will be March 2, 2026!

### Prizes:

- There will be prizes awarded to the top three schools in Fayette, Highland, Pickaway, Pike and Ross Counties: First Place - \$500, Second Place - \$300, Third Place - \$200

### Judging:

- A Teen Mental Wellness Video Contest Committee will be appointed to judge the contest.
- Videos will be judged using the following criteria:
  - Content/message (40 pts.), Originality/creativity (25 pts.), Level of engagement (25 pts) and Video Quality (10 pts)

### General Rules:

- The video contest is void where prohibited by law.
- Employees of PVADAMH and provider organizations and their immediate family members are not eligible to participate in videos.
- All participants must sign the Eligibility/Release of Liability and Publicity to be turned in with entry and certify the video is his/her own original video. Non-compliance with this time period may result in disqualification. In the event that a participant is a minor, the minor's parent or legal guardian must sign the required paperwork on behalf of the minor.
- All entries must be original works that have never been previously posted, and must not infringe on any third-party rights, including use of licensed music.
- By entering the contest, the entrant gives PVADAMH the right to use and/or post the entry without further compensation.
- By accepting a prize, the winner agrees to hold PVADAMH, the directors, officers and employees harmless against any and all claims and liability arising out of use of the prize. Winner assumes all liability for any injury or damage caused, or claimed to be caused, by participation in this promotion or use/redemption of any prize.
- Entrants agree to be bound by the Official Rules and the decisions of the judges. PVADAMH is not responsible for any error in posting of the offer, administration of the contest or in the announcement of the prizes. PVADAMH is not responsible for lost, late or electronic errors resulting in the failure to receive entry information by the original entry deadline.